

OVERVIEW	<ul style="list-style-type: none"> o BBS-34
NUMBER OF TEST ITEMS	<ul style="list-style-type: none"> o BBS-34 <p style="text-align: right;">1</p>
SCORING	<ul style="list-style-type: none"> o Error 5 - 100 to 10 o Item 1: 100 to 100 o Item 2: 100 to 100 o Item 3: 100 to 100
EQUIPMENT	<ul style="list-style-type: none"> o 18-20 o 18-20 o 7349 o B o 3 <p style="text-align: right;">.4</p>
TIME (NEW CLINICIAN)	<ul style="list-style-type: none"> o L 20
TIME (EXPERIENCED CLINICIAN)	<ul style="list-style-type: none"> o L 20
COST	<ul style="list-style-type: none"> o C
ITEM-BY-ITEM	<ul style="list-style-type: none"> o Item 1: Sitting to standing ^{1,5,6} <ul style="list-style-type: none"> o 18-20 o Please stand up, try not to use your hands for support o _____: 4: _____ 3: _____ 2: _____ 1: _____ 0: _____ o Item 2: Standing unsupported <ul style="list-style-type: none"> o _____ o _____ o Please stand for 2 minutes without holding on o _____: (If _____) o _____ (4) 4: _____ 3: _____ 2: _____ 1: _____ 0: _____ o Item 3: Sitting with back unsupported <ul style="list-style-type: none"> o _____ o _____ o Please sit with arms folded for 2 minutes o _____:

ITEM-BY-ITEM

o Item 4: Standing to sitting

~~0: 0.00~~

~~0: 0.00~~ Please sit down

~~0: 0.00~~

~~4: 0.00~~

~~3: 0.00~~

~~2: 0.00~~

~~1: 0.00~~

~~0: 0.00~~

o Item 5: Transfers^{1,5,6}

~~0: 0.00~~

~~0: 0.00~~

~~0: 0.00~~ 679>(B626M EE>BDC B,70 1 8 0 0 8 226.355 564.7751 0 352 0.1 (v)IEC /,e)IEC /,a

ITEM-BY-ITEM

o Item 9: Pick up object from the floor from a standing position

C ~~0: 0~~

C ~~E: 0~~

~~S: 0~~

~~S: 0~~

C ~~S~~

Pick up the shoe/slipper which is placed in front of your feet

C ~~E: 0~~

C ~~E: 0~~

~~0~~

~~4: 0~~

~~3: 0~~

~~2: 0~~

~~1: 0~~

~~0: 0~~

o Item 10: Turning to look behind over left and right shoulders

C ~~0: 0~~

C ~~E: 0~~

~~0~~

C ~~S~~

Repeat to the right

C ~~E: 0~~

~~0~~

C ~~E: 0~~

~~4: 0~~

~~3: 0~~

~~2: 0~~

~~1: 0~~

~~0: 0~~

o Item 11: Turn 360 degrees

C ~~0: 0~~

C ~~E: 0~~

C ~~S~~

other direction

C ~~E: 0~~

~~4: 0~~

~~3: 0~~

~~2: 0~~

~~1: 0~~

~~0: 0~~

o Item 12: Placing alternate foot on step or stool while standing unsupported

C ~~0: 0~~

C ~~E: 0~~

~~0~~

C ~~E: 0~~

C ~~E: 0~~

C ~~S~~

Place each foot alternately on the step/stool. Continue until each foot has touched the step/stool four times

C ~~E: 0~~

~~4: 0~~

~~3: 0~~

~~2: 0~~

~~1: 0~~

~~0: 0~~



COMMON QUESTIONS AND VARIATIONS

1. If my patient cannot stand, should I still complete the BBS?

a. If a patient cannot stand, the BBS should not be performed. However, if a patient is unable to stand but can sit on a chair or bed, the BBS can be performed while the patient is seated. In this case, the patient should be instructed to sit on the edge of the chair or bed with their feet flat on the floor. The BBS should be performed while the patient is seated, and the results should be recorded as "Seated".

b. If a patient cannot stand, the BBS should not be performed. However, if a patient is unable to stand but can sit on a chair or bed, the BBS can be performed while the patient is seated. In this case, the patient should be instructed to sit on the edge of the chair or bed with their feet flat on the floor. The BBS should be performed while the patient is seated, and the results should be recorded as "Seated".

